

	2/18/13 thru 2/22/13			2/25/13 thru 3/1/13			3/4/13 thru 3/8/13			3/11/13 thru 3/15/13			4 WEEK MOVING AVERAGE		
Performance	All Trades	Long Trades	Short Trades	All Trades	Long Trades	Short Trades	All Trades	Long Trades	Short Trades	All Trades	Long Trades	Short Trades	All Trades	Long Trades	Short Trades
Gross Profit	\$4,920.00	\$4,050.00	\$870.00	\$5,205.00	\$3,805.00	\$1,400.00	\$2,830.00	\$2,410.00	\$420.00	\$4,280.00	\$2,710.00	\$1,570.00	\$4,308.75	\$3,243.75	\$1,065.00
Gross Loss	-\$4,180.00	-\$3,880.00	-\$300.00	-\$860.00	-\$860.00	\$0.00	-\$900.00	-\$870.00	-\$30.00	-\$2,500.00	-\$1,530.00	-\$970.00	-\$2,110.00	-\$1,785.00	-\$325.00
Total Net Profit	\$740.00	\$170.00	\$570.00	\$4,345.00	\$2,945.00	\$1,400.00	\$1,930.00	\$1,540.00	\$390.00	\$1,780.00	\$1,180.00	\$600.00	\$2,198.75	\$1,458.75	\$740.00
Commission Cost	-\$377.52	-\$329.12	-\$48.40	-\$116.16	-\$96.80	-\$19.36	-\$164.56	-\$145.20	-\$19.36	-\$377.52	-\$198.44	-\$179.08	-\$258.94	-\$192.39	-\$66.55
Net Profit after Commissions	\$362.48	-\$159.12	\$521.60	\$4,228.84	\$2,848.20	\$1,380.64	\$1,765.44	\$1,394.80	\$370.64	\$1,402.48	\$981.56	\$420.92	\$1,939.81	\$1,266.36	\$673.45
Max. Drawdown	-\$1,040.00	-\$1,580.00	-\$240.00	-\$445.00	-\$445.00	\$0.00	-\$560.00	-\$560.00	-\$30.00	-\$1,180.00	-\$830.00	-\$530.00	-\$806.25	-\$853.75	-\$200.00
Total # of Trades	78	68	10	24	20	4	34	30	4	78	41	37	53.5	39.75	13.75
# of Trades per Day	20	23	3	5	4	1	7	6	1	16	8	7	11.68	10.22	2.93
Average Trade	\$9.49	\$2.50	\$57.00	\$181.04	\$147.25	\$350.00	\$56.76	\$51.33	\$97.50	\$22.82	\$28.78	\$16.22	\$67.53	\$57.47	\$130.18
Average Winning Trade	\$149.09	\$144.64	\$174.00	\$306.18	\$292.69	\$350.00	\$141.50	\$141.76	\$140.00	\$109.74	\$123.18	\$92.35	\$176.63	\$175.57	\$189.09
Average Losing Trade	-\$92.89	-\$97.00	-\$60.00	-\$122.86	-\$122.86	\$0.00	-\$64.29	-\$66.92	-\$30.00	-\$64.10	-\$80.53	-\$48.50	-\$86.04	-\$91.83	-\$34.63
Largest Winning Trade	\$380.00	\$380.00	\$220.00	\$800.00	\$730.00	\$800.00	\$380.00	\$380.00	\$240.00	\$250.00	\$230.00	\$250.00	\$452.50	\$430.00	\$377.50
Largest Losing Trade	-\$250.00	-\$250.00	-\$120.00	-\$240.00	-\$240.00	\$0.00	-\$120.00	-\$120.00	-\$30.00	-\$200.00	-\$200.00	-\$100.00	-\$202.50	-\$202.50	-\$62.50
Avg. Time in Market	8.1	8.3	7.0	198.7	9.5	1144.6	15.6	16.4	9.6	8.5	7.3	9.9	57.73	10.38	292.78
Average MAE	\$81.43	\$82.79	\$71.11	\$131.19	\$134.75	\$60.00	\$71.76	\$72.33	\$67.50	\$48.72	\$53.90	\$42.97	\$83.28	\$85.94	\$60.40
Average MFE	\$117.40	\$116.62	\$123.33	\$344.52	\$352.75	\$180.00	\$141.47	\$142.67	\$132.50	\$98.46	\$115.85	\$79.19	\$175.46	\$181.97	\$128.76
Average ETD	\$107.92	\$114.12	\$66.33	\$163.48	\$205.50	-\$170.00	\$84.71	\$91.33	\$35.00	\$75.64	\$87.07	\$62.97	\$107.94	\$124.51	-\$1.43
Percent Profitable	42%	41%	50%	71%	65%	100%	59%	57%	75%	50%	54%	46%	55%	54%	68%
Profit Factor	1.18	1.04	2.90	6.05	4.42	99.00	3.14	2.77	14.00	1.71	1.77	1.62	3.0	2.5	29.4
Ratio avg. Win / avg. Loss	1.61	1.49	2.90	2.49	2.38	350.00	2.20	2.12	4.67	1.71	1.53	1.90	2.0	1.9	89.9
Ratio Largest Win / Loss	1.52	1.52	1.83	3.33	3.04	#DIV/0!	3.17	3.17	8.00	1.25	1.15	2.50	2.3	2.2	6.0
Ratio Net Profit / Max DD	0.35	-0.10	2.17	9.50	6.40	#DIV/0!	3.15	2.49	12.35	1.19	1.18	0.79	3.5	2.5	3.7
Ratio Net Profit / Commissions	1.96	0.52	11.78	37.41	30.42	72.31	11.73	10.61	20.14	4.71	5.95	3.35	14.0	11.9	26.9
Commentary	Had just started back into trading on 1/29/13 after not watching charts at all since mid-October 2012. The performance reports prior to this week are on the Sony desktop, not setup any longer. Reduced down to a laptop and two 24" screens. Net result of missing trade info was roughly breakeven. Just moved into Pete's house 1/25/13.			Started participating in a thread with Ryan Green about CL analysis and studying market profile more in depth. Was at home and available for all five days of RTH sessions with very few disturbances except conference calls, which I was comfortable trading right through. Keeping up with my wife's TurboFire workouts, getting better. Reading Mind Over Markets. Tried a trial of Fin-Algo's market profile. Jobs in NJ and MD.			Fin-Algo trial ended last Friday. Tried GOM MP instead this week. Had to fly to Austin on Wed Morning and missed the EIA trade day. Thursday had meetings in Austin that kept me from being able to trade as I wanted as well. Got tired of trading late Friday and closed up early. Trying to understand volume ladder still. Only worked out 2 days this week, one in the hotel.			Melissa has been sick and in bed since Sunday. I slept on the couch with Piper every night this week and am feeling the lack of rest. I also have Lyndhurst, Timonium, Austin and Beaumont going on, and have been distracted far more than is good for trading. I flew to NJ on Tuesday and missed one day, so this is a 4-day report. Monday was a small loss, Wed-Fri wins. Highlighted numbers most likely suffering from my schedule and reduced patience from being tired. Total # trades shows I scalped too much.			Need to separate commentary to show separate issues, like how I feel, how many distractions I have, how I am eating, exercising, whether I am traveling, sleeping, current study, etc. Also would like to document market trend vs bracketing, whether I traded trend or countertrend, ATR.		