

Performance	2/18/13 thru 2/22/13			2/25/13 thru 3/1/13			3/4/13 thru 3/8/13			3/11/13 thru 3/15/13			3/18/13 thru 3/22/13			3/25/13 thru 3/29/13			4 WEEK AVERAGE		
	All Trades	Long Trades	Short Trades	All Trades	Long Trades	Short Trades	All Trades	Long Trades	Short Trades	All Trades	Long Trades	Short Trades	All Trades	Long Trades	Short Trades	All Trades	Long Trades	Short Trades	All Trades	Long Trades	Short Trades
Gross Profit	\$4,920.00	\$4,050.00	\$870.00	\$4,350.00	\$4,180.00	\$170.00	\$2,830.00	\$2,410.00	\$420.00	\$4,280.00	\$2,710.00	\$1,570.00	\$8,750.00	\$6,600.00	\$2,150.00	\$2,440.00	\$1,010.00	\$1,430.00	\$4,575.00	\$3,182.50	\$1,392.50
Gross Loss	-\$4,180.00	-\$3,880.00	-\$300.00	-\$1,050.00	-\$1,050.00	\$0.00	-\$900.00	-\$870.00	-\$30.00	-\$2,500.00	-\$1,530.00	-\$970.00	-\$9,407.50	-\$7,987.50	-\$1,420.00	-\$4,190.00	-\$870.00	-\$3,320.00	-\$4,249.38	-\$2,814.38	-\$1,435.00
Total Net Profit	\$740.00	\$170.00	\$570.00	\$3,300.00	\$3,130.00	\$170.00	\$1,930.00	\$1,540.00	\$390.00	\$1,780.00	\$1,180.00	\$600.00	-\$657.50	-\$1,387.50	\$730.00	-\$1,750.00	\$140.00	-\$1,890.00	\$325.63	\$368.13	-\$42.50
Commission Cost	-\$377.52	-\$329.12	-\$48.40	-\$198.44	-\$193.60	-\$4.84	-\$164.56	-\$145.20	-\$19.36	-\$377.52	-\$198.44	-\$179.08	-\$900.24	-\$735.68	-\$164.56	-\$222.64	-\$58.08	-\$164.56	-\$416.24	-\$284.35	-\$131.89
Net Profit after Commissions	\$362.48	-\$159.12	\$521.60	\$3,101.56	\$2,936.40	\$165.16	\$1,765.44	\$1,394.80	\$370.64	\$1,402.48	\$981.56	\$420.92	-\$1,557.74	-\$2,123.18	\$565.44	-\$1,972.64	\$81.92	-\$2,054.56	-\$90.62	\$83.78	-\$174.39
Max. Drawdown	-\$1,040.00	-\$1,580.00	-\$240.00	-\$410.00	-\$410.00	\$0.00	-\$560.00	-\$560.00	-\$30.00	-\$1,180.00	-\$830.00	-\$530.00	-\$3,330.00	-\$3,470.00	-\$740.00	-\$1,860.00	-\$370.00	-\$1,890.00	-\$1,732.50	-\$1,307.50	-\$797.50
Total # of Trades	78	68	10	41	40	1	34	30	4	78	41	37	186	152	34	46	12	34	86	58.75	27.25
# of Trades per Day	20	23	3	8	8	1	7	6	1	16	8	7	47	38	11	15	4	11	21.06	14.05	7.72
Average Trade	\$9.49	\$2.50	\$57.00	\$80.49	\$78.25	\$170.00	\$56.76	\$51.33	\$97.50	\$22.82	\$28.78	\$16.22	-\$3.53	-\$9.13	\$21.47	-\$38.04	\$11.67	-\$55.59	\$9.50	\$20.66	\$19.90
Average Winning Trade	\$149.09	\$144.64	\$174.00	\$161.11	\$160.77	\$170.00	\$141.50	\$141.76	\$140.00	\$109.74	\$123.18	\$92.35	\$121.53	\$115.79	\$143.33	\$152.50	\$202.00	\$130.00	\$131.32	\$145.68	\$126.42
Average Losing Trade	-\$92.89	-\$97.00	-\$60.00	-\$75.00	-\$75.00	\$0.00	-\$64.29	-\$66.92	-\$30.00	-\$64.10	-\$80.53	-\$48.50	-\$82.52	-\$84.08	-\$74.74	-\$139.67	-\$124.29	-\$144.35	-\$87.65	-\$88.96	-\$74.40
Largest Winning Trade	\$380.00	\$380.00	\$220.00	\$340.00	\$340.00	\$170.00	\$380.00	\$380.00	\$240.00	\$250.00	\$230.00	\$250.00	\$300.00	\$270.00	\$300.00	\$480.00	\$480.00	\$350.00	\$352.50	\$340.00	\$285.00
Largest Losing Trade	-\$250.00	-\$250.00	-\$120.00	-\$170.00	-\$170.00	\$0.00	-\$120.00	-\$120.00	-\$30.00	-\$200.00	-\$200.00	-\$100.00	-\$250.00	-\$230.00	-\$250.00	-\$350.00	-\$270.00	-\$350.00	-\$230.00	-\$205.00	-\$182.50
Avg. Time in Market	8.1	8.3	7.0	10.6	10.5	16.2	15.6	16.4	9.6	8.5	7.3	9.9	9.6	10.0	7.7	64.3	4.9	85.2	24.5	9.65	28.1
Average MAE	\$81.43	\$82.79	\$71.11	\$67.56	\$67.75	\$60.00	\$71.76	\$72.33	\$67.50	\$48.72	\$53.90	\$42.97	\$71.64	\$75.21	\$55.15	\$235.00	\$235.00	\$NaN	\$106.78	\$109.11	#VALUE!
Average MFE	\$117.40	\$116.62	\$123.33	\$168.05	\$167.75	\$180.00	\$141.47	\$142.67	\$132.50	\$98.46	\$115.85	\$79.19	\$116.74	\$115.77	\$121.21	\$2,680.83	\$2,680.83	\$NaN	\$759.38	\$763.78	#VALUE!
Average ETD	\$107.92	\$114.12	\$66.33	\$87.56	\$89.50	\$10.00	\$84.71	\$91.33	\$35.00	\$75.64	\$87.07	\$62.97	\$120.28	\$124.90	\$99.74	\$2,718.88	\$2,669.17	\$NaN	\$749.88	\$743.12	#VALUE!
Percent Profitable	42%	41%	50%	66%	65%	100%	59%	57%	75%	50%	54%	46%	39%	38%	44%	35%	42%	32%	46%	47%	49%
Profit Factor	1.18	1.04	2.90	4.14	3.98	99.00	3.14	2.77	14.00	1.71	1.77	1.62	0.93	0.83	1.51	0.58	1.16	0.43	1.6	1.6	4.4
Ratio avg. Win / avg. Loss	1.61	1.49	2.90	2.15	2.14	170.00	2.20	2.12	4.67	1.71	1.53	1.90	1.47	1.38	1.92	1.09	1.63	0.90	1.6	1.7	2.3
Ratio Largest Win / Loss	1.52	1.52	1.83	2.00	2.00	#DIV/0!	3.17	3.17	8.00	1.25	1.15	2.50	1.20	1.17	1.20	1.37	1.78	1.00	1.7	1.8	1.6
Ratio Net Profit / Max DD	0.35	-0.10	2.17	7.56	7.16	#DIV/0!	3.15	2.49	12.35	1.19	1.18	0.79	-0.47	-0.61	0.76	1.06	0.22	-1.09	0.7	0.8	-0.1
Ratio Net Profit / Commissions	1.96	0.52	11.78	16.63	16.17	35.12	11.73	10.61	20.14	4.71	5.95	3.35	-0.73	-1.89	4.44	7.86	2.41	-11.49	2.0	4.3	4.1
Commentary	Had just started back into trading on 1/29/13 after not watching charts at all since mid-October 2012. The performance reports prior to this week are on the Sony desktop, not setup any longer. Reduced down to a laptop and two 24" screens. Net result of missing trade info was roughly breakeven. Just moved into Pete's house 1/25/13.			Started participating in a thread with Ryan Green about CL analysis and studying market profile more in depth. Was at home and available for all five days of RTH sessions with very few disturbances except conference calls, which I was comfortable trading right through. Keeping up with my wife's TurboFire workouts, getting better. Reading Mind Over Markets. Tried a trial of Fin-Algo's market profile. Jobs in NJ and MD.			Fin-Algo trial ended last Friday. Tried GOM/MP instead this week. Had to fly to Austin on Wed Morning and missed the EIA trade day. Thursday had meetings in Austin that kept me from being able to trade as I wanted as well. Got tired of trading late Friday and closed up early. Trying to understand volume ladder still. Only worked out 2 days this week, one in the hotel.			Melissa has been sick and in bed since Sunday. I slept on the couch with Piper every night this week and am feeling the lack of rest. I also have Lynchhurst, Timonium, Austin and Beaumont going on and have been distracted far more than is good for trading. I flew to NJ on Tuesday and missed one day, so this is a 4-day report. Monday was a small loss. Wed-Fri wins. Highlighted numbers most likely suffering from my schedule and reduced patience from being tired. Total # trades shows I scalped too much. Did not participate in MPI/POC/VWAP thread.			Hit max down twice. Allowed greater size due to first double and did not manage it well. First day was when my sister came to visit, arrived at 3am, and I had been awake most of the night, then tried to trade the morning. Cypress gap down Sunday night turned into a major uptrend day on Monday, and I kept trying to catch the turn. Tuesday's max down was more related to revenge trading. Way overtraded trying to fight the losses. My net loss was not that bad, but the commission cost was worse. Came back to my center by Wednesday and had winning days Wed/Thur/Fri. Very calm on Friday with great read on market. Feeling good about Monday.			Not sure what I am doing wrong. I know that the majority of my losses came from trying to short an uptrending market. I know that I thought I was trying to fade what I interpreted as responsive selling tales in prior day's market profile. My max drawdown is the worst since I started back trading. I did correct my overtrading considerably. But, on the down side my net loss after commissions this time is heavy on the losing trades. Worst Net Loss so far as well. I am going to have to consider going to sim until I can come up with a better answer.					