

08/15/13
AM

Thursday

06:14:20

Questions to answer throughout the day:

- What is the market doing?
- What is the market trying to do?
- How well is it getting it done?

LastPrice	DailyVolu	ATR 2 mi
1667.50	384,702	1.02

06:31:55 AM -14.27 :1 NYSE -8.12 :1 NASD

Paper light buyers on open. Two sided activity off open

Locals and paper now two sided

06:31 Ben: SEP S&P opening range 1669-1667.50

07:00:24 AM 6.45 :1 NYSE -5.81 :1 NASD 1660.75 671,647 1.25

08:00:32 AM 6.97 :1 NYSE -5.95 :1 NASD 1659.50 1,156.89 1.37

09:00:54 AM 3.9 :1 NYSE -6.54 :1 NASD 1662.75 1,406.99 1.09

10:00:25 AM 3.26 :1 NYSE -6.45 :1 NASD 1661.75 1,551.54 0.898

12:00:59 PM 2.48 :1 NYSE -7 :1 NASD 1659.75 1,967.44 1.19

01:00:57 PM 3.02 :1 NYSE -8.25 :1 NASD 1658.25 2,273.81 1.1

CC: Paper bulk on BUY side//

After cash close Light selling by paper.

01:19:58 PM 3.18 :1 NYSE -8.25 :1 NASD 1656.25 2,381.73 1.13

PC:

ES Opening	1669.75	DELTA
15 MIN Range = Hi		
Lo	1664.50	5.25
VAL High -	1687.50	
VAL Low -	1682.50	5.00
missed nums. Also * in column for times I missed volume.		
ES	Volume	Change
OPEN	384	
10	671	287
11	1156	485
12	1406	250
1	1551	145
2	* 1751	200
3	1967	216
Cash CLOSE	2273	306
PIT CLOSE	2381	108

Elephant Stomps/TINYS

ES 09-13		
Ask	1656.25	533
Bid	1656.25	666
Volume	2381736	
1:07:08 PM	1657.75	732
1:04:58 PM	1657.75	861
1:02:43 PM	1657.00	500
1:00:00 PM	1658.50	757
12:59:58 PM	1659.00	804
12:59:50 PM	1658.50	800
12:45:07 PM	1659.50	571
12:12:17 PM	1658.75	554
11:52:40 AM	1660.50	693
11:42:35 AM	1661.00	500
8:31:16 AM	1664.00	699
7:59:08 AM	1658.50	677
7:22:50 AM	1660.00	565
7:14:56 AM	1658.00	500
7:12:05 AM	1657.50	803
7:11:33 AM	1658.50	500
7:02:02 AM	1660.75	500
7:01:00 AM	1662.00	500
6:56:28 AM	1660.75	611
6:49:28 AM	1665.00	601

SP_Pit	1669.00	DELTA
Opening Range =		
Sp Pit	1667.50	1.50
SP_Pit	1669.00	
Day High -		
Day Low -	1655.50	13.50
Closing Range	1655.80	
High -		
Low -	1655.50	0.30
Settle -	1655.70	
Net Change -	-26.30	

Instrument	PositionSiz	PositionAv	LastPrice	ProfitLoss	RealizedPr	Unrealized	BidPrice	AskPrice	DailyVolum	LastClose
SIM ACCOUNT										
ES 09-13	5	1658.7222	1655.25	\$-1344.19	\$-403.58	\$-940.61	1655.00	1655.25	2,397,139	1682.00

08/15/13

Thursday

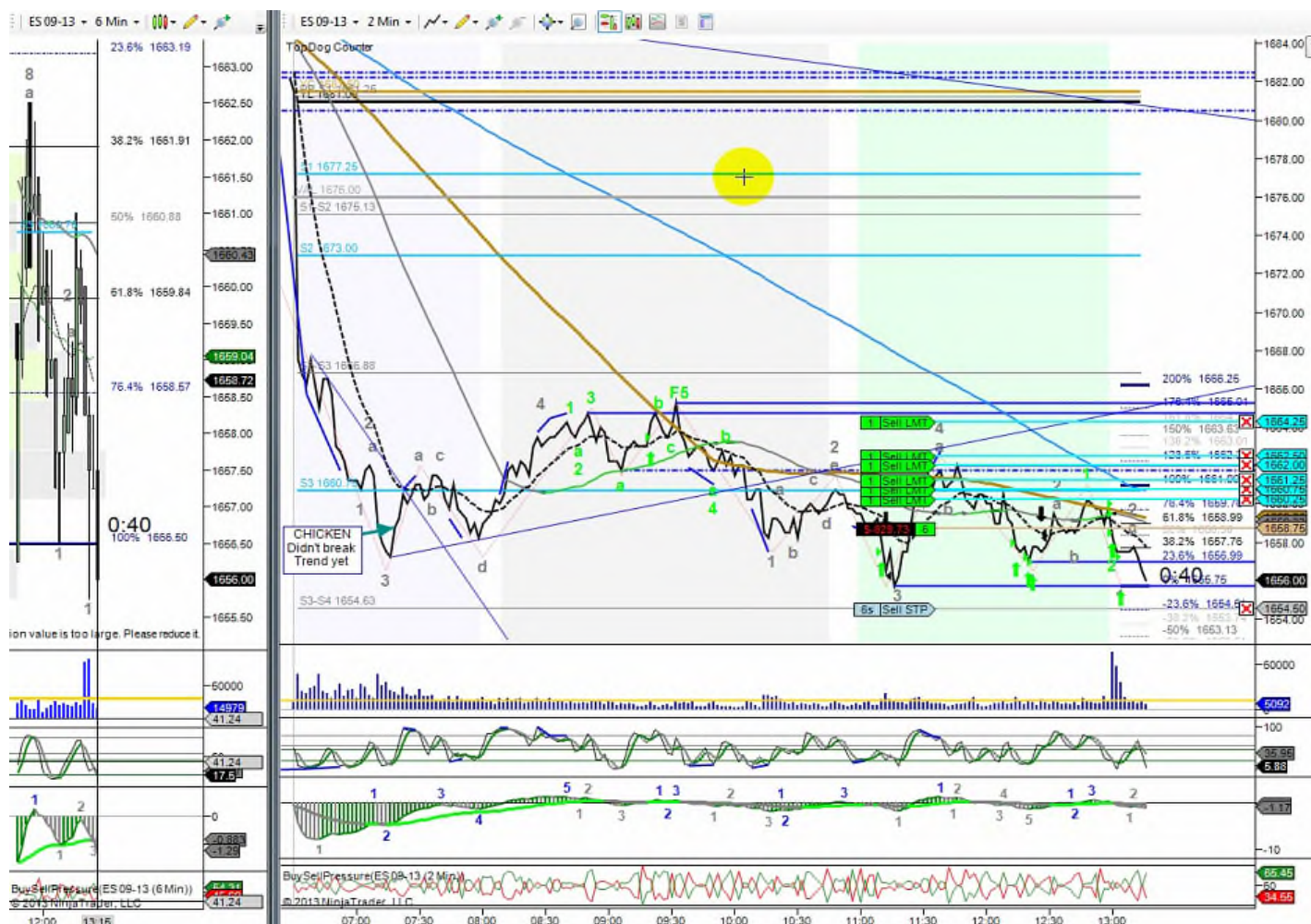
1

15AUG2013.odt

08/15/13
AM

Thursday

06:14:20



What I did well today: - Trade SIM vice real money

What could I have done better:

- Spent more time watching and tracking indicators.
- Maintained focus on market.
- Stayed with trades.

What will I do tomorrow to make things better:

- Trade Cash
- WAIT for Trade SIGNALS keep eye on Internals, ST< charts, follow rules, use OCO SL/PT.

08/15/13

Thursday

2

15AUG2013.odt