

Questions to answer throughout the day:

- What is the market doing?
- What is the market trying to do?
- How well is it getting it done?

LastPrice DailyVolu ATR 2 mi

06:31:18 AM 1.59 :1 NYSE | 2.42 :1 NASD 1651.50 235,468 0.893

Locals sell/ Paper two sided mostly sell on OPEN

06:35 Ben: SEP S&P opening range 1652.20-1652.50

06:41 Ben: IOcals short light from 55-56

07:00:21 AM 2.34 :1 NYSE | 3.78 :1 NASD 1657.50 395,305 1.09

08:04:28 AM 1.8 :1 NYSE | 2.7 :1 NASD 1654.00 661,245 1.16

Still have summer heat. Two hours pass was sure I was still keeping track. TOO DARN HOT IN SAN DIEGO...

11:27:47 AM 2.13 :1 NYSE | 3 :1 NASD 1655.25 1,008,77 0.594

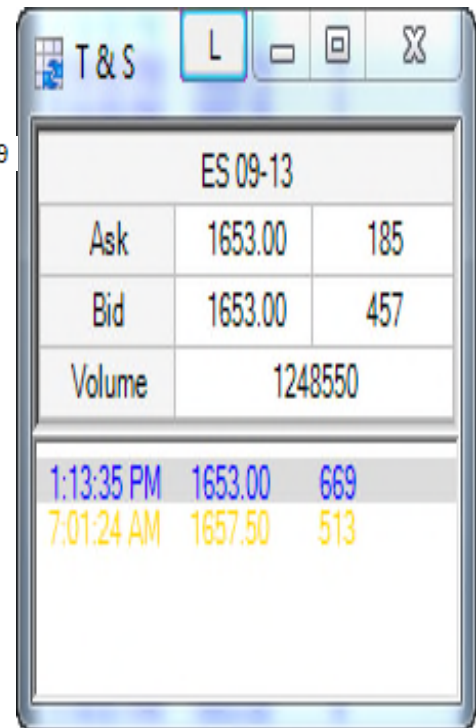
12:00:24 PM 2.17 :1 NYSE | 3.54 :1 NASD 1656.00 1,058,01 0.591

01:00:28 PM 1.6 :1 NYSE | 2.41 :1 NASD 1653.00 1,201,20 0.696

CC Paper sold light to locals/ Paper two sided on CC

01:18:09 PM 1.58 :1 NYSE | 2.4 :1 NASD 1653.00 1,248,55 0.684

Elephant Stomps/TINYS



ES Opening	1656.25	DELTA
15 MIN Range = Hi		
Lo	1651.25	5.00
VAL High -	1654.50	
POC -	1652.50	
VAL Low -	1647.00	7.50
NOTE: Numbers are in thousands. Repeat for missed nums. Also * in column for times I missed volume.		
ES	Volume	Change
OPEN	235	
10	395	160
11	661	266
12	* 756	95
1	* 876	120
2	* 986	110
3	1058	72
Cash CLOSE	1201	143
PIT CLOSE	1248	47

SP_Pit	1652.50	DELTA
Opening Range =		
Sp Pit	1652.50	0.00
SP_Pit	1658.00	
Day High -		
Day Low -	1651.70	6.30
Closing Range		
High -	1653.20	
Low -	1652.80	0.40
Settle -	1653.00	
Net Change -	-0.40	

What I did well today:

To HOT TO TRADE

What could I have done better:

To HOT TO TRADE, I could have gone to library or somewhere air conditioned to read.

09/05/13

Thursday

06:12:11 AM

What will I do tomorrow to make things better:
To HOT TO TRADE...

Did I say it is to hot to trade... Will need to get air conditioned space to work in for summer trading one of these days. I couldn't think about much other than the fact I was very hot today. Tight seven point range on the day the best thing was to do nothing today. Have to learn UNIRENKO method. ;-)



09/05/13

Thursday

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