Questions to answer throughout the day:

• What is the market doing?

How well is it getting it done? 1.08 1695.75 967,174 07:41:33 AM 4.36 :1 NYSE | 2.55 :1 NASD 1694.25 1,043.13 0.998 08:02:16 AM 4.95 :1 NYSE 2.73 :1 NASD 1696.75 1,208,00 0.69 09:00:30 AM 3.98:1 NYSE 1.72:1 NASD 1695.75 1.334.45 0.628 10:00:29 AM 11:00:37 AMZZZ **3.6:1 NYSE | 1.47:1 NASD** 1695.75 **1,334,45** 0.628

What is the market trying to do LastPrice DailyVolu ATR 2 min (

Didn't even notice that my CHARTS locked up. Can tell not really into it today:(

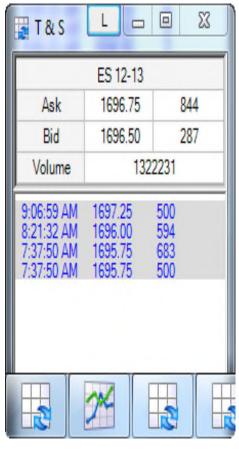
Had to deal with BOA today getting ready to steal my money again. Fin

ready to steal my money again. F'n bank, I am amazed that they are allowed to do business with their

practices of screwing the customer with regulatrity.

missed nums. Also '	' II	n column for t	mes I missed	
volume. ES	Т	Volume	Change	
OPEN	*	563	onango	
10	*	783	220	
11	Ť	1043	260	
12	T	1208	165	
1		1334	126	
2	*	1483	149	
3		1710	227	V
Cash CLOSE		1957	247	
PIT CLOSE		2022	65	v
SP_Pit Opening Range =		0.00	DELTA	
Sp Pit	I	0.00	0.00	
SP_Pit Day High -		1700.00		V
Day Low -		1688.20	11.80	
Closing Range High -		1691.50		H
Low -		1691.00	0.50	
Settle -		1691.20		
Net Change -		9.20		

Elephant Stomps/TINYS



What I did well today:

- Today I did not trade when tired
- Today I followed the market even when tired.

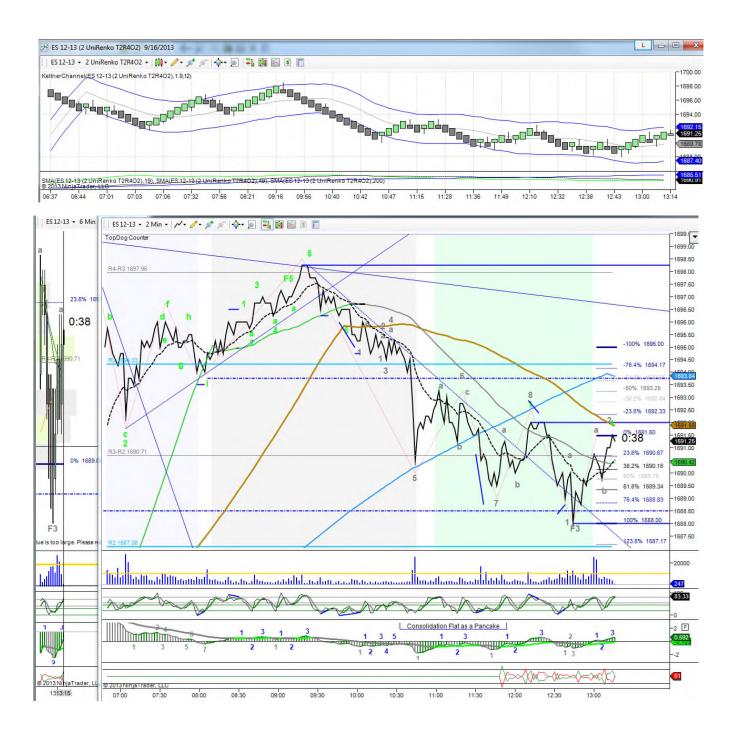
What could I have done better:

- I still need to work on stop computer at 9pm.
- Seems like live and breath computer.

What will I do tomorrow to make things better:

- Prep tonight.
- C# programming.

Have to break out of this slump soon.



09/16/13 Monday 2 16SEP13.odt