

09/25/13  
AM

Wednesday

06:12:11

Questions to answer throughout the day:

- What is the market doing?
- What is the market trying to do?
- How well is it getting it done?

LastPrice	DailyVolu	ATR 2 min (
1692.00	208,313	0.652

06:30:56 AM 1.26 :1 NYSE 2.54 :1 NASD

06:38 Ben: DEC S&P opening range 1692.20-1691.50

06:53:43 AM ES Open Range 1692.5- 1686.75

07:01:23 AM 1688.50 400,542 1.16

08:01:01 AM 1.12 :1 NYSE 2.22 :1 NASD 1690.00 698,127 1.23

09:00:34 AM 1.84 :1 NYSE 3.71 :1 NASD 1694.00 869,448 0.917

10:19:53 AM 1.81 :1 NYSE 2.77 :1 NASD 1692.00 1,046,58 0.876

11:04:09 AM 1.21 :1 NYSE 2.15 :1 NASD 1688.50 1,227,39 1.03

12:00:33 PM 1.05 :1 NYSE 1.78 :1 NASD 1687.75 1,371,05 1.12

01:00:27 PM 1.03 :1 NYSE 1.38 :1 NASD 1687.00 1,581,03 1.14

Buying both sides on CC// Not big vol.

04:38:19 PM Missed PC vol. 1687.75 3,348 0.303

Elephant Stomps/TINYS

ES 12-13		
Ask	1688.00	145
Bid	1687.75	29
Volume	3312	
11:52:53 AM	1688.50	671
11:02:21 AM	1688.75	581
10:55:31 AM	1687.50	500
10:55:00 AM	1685.75	621
7:54:33 AM	1690.50	553
7:28:20 AM	1689.50	750
7:27:52 AM	1689.75	726
7:25:56 AM	1687.50	874
7:25:50 AM	1687.50	784
7:25:48 AM	1687.25	771
7:11:12 AM	1684.75	575
7:10:31 AM	1685.50	500
6:30:47 AM	1691.75	732

ES Opening	1692.50	DELTA
15 MIN Range = Hi		
Lo	1686.75	5.75
VAL High -	1699.75	
POC -	1697.25	
VAL Low -	1691.75	8.00
NOTE: Numbers are in thousands. Repeat for missed nums. Also * in column for times I missed volume.		
ES	Volume	Change
OPEN	208	
10	400	192
11	698	298
12	869	171
1	1046	177
2	1227	181
3	1371	144
Cash CLOSE	1581	210
PIT CLOSE	* 1623	42

SP_Pit	1692.20	DELTA
Opening Range =		
Sp Pit	1691.50	0.70
SP_Pit	1695.00	
Day High -		
Day Low -	1685.00	10.00
Closing Range	1686.00	
High -		
Low -	1685.50	0.50
Settle -	1685.70	
Net Change -	-6.70	

What I did well today: - I started trading UniRenko  
Chart today.

- I made the chart mine, adding a few indicators to

help me better understand the market that I had not put on the chart before.

What could I have done better: - Trade more, and stop trading SIM.

- Still in SIM as not consistent yet with my trades. I am still working out a way to trade the UniRenko.

What will I do tomorrow to make things better:

- Be sure to get a full night's sleep
- Follow up with UniRenko and write down more.

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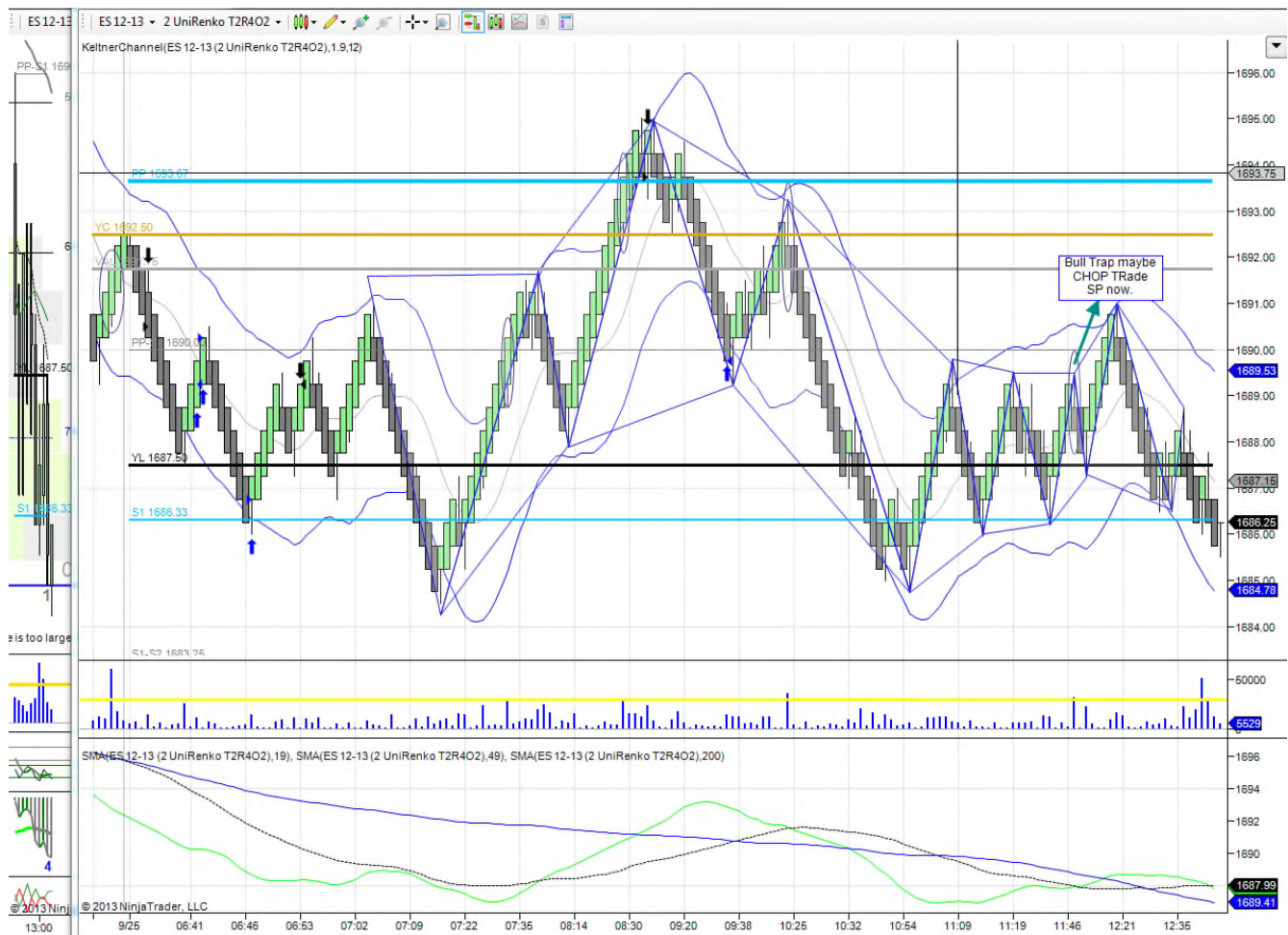
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Trade-#	Instrument	Account	Market pos.	Quantity	Entry price	Exit price	Entry time	Exit time	Profit	Cum. profit	Commission	MAE	MFE	ETD
1	ES 12-13	Sim101	Short	1	1690.5	1689.25	9/25/2013 6:31 AM	9/25/2013 6:42 AM	58.48	58.48	4.02	50	150	91.52
2	ES 12-13	Sim101	Long	1	1690.25	1689.25	9/25/2013 6:43 AM	9/25/2013 6:53 AM	-54.02	4.46	4.02	200	0	0
3	ES 12-13	Sim101	Long	1	1686.75	1689.25	9/25/2013 6:46 AM	9/25/2013 6:53 AM	120.98	125.44	4.02	12.5	137.5	16.52
4	ES 12-13	Sim101	Short	1	1693.75	1689.75	9/25/2013 8:53 AM	9/25/2013 9:22 AM	195.98	321.42	4.02	62.5	200	4.02



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