0.606

1.19 1.41

1.3

1.17

1.25

1.43

1.51

1.45

■ T&S

Questions to answer throughout the day:

What is the market doing? What is the market trying to do? LastPrice DailyVolu ATR 2 min ( How well is it getting it done? 1.18:1 NYSE 1.29:1 NASD 1669.75 227,949 06:30:37 AM Aggressive Paper buyers on OPEN 06:36 Ben: DEC S&P opening range 1669-1670 6:45 ES OPEN RANGE 1670 – 1665.25 1670.25 481,164 07:01:06 AM 1.38:1 NYSE -1.18:1 NASD 1661.75 850,277 -2.12 :1 NYSE j -5.2 :1 NASD 08:01:12 AM 1658.50 1,224.35 09:00:59 AM -5 :1 NYSE -9.19 :1 NASD 5.01 :1 NYSE -11.09 :1 NASD 1657.75 1,479,64 10:01:11 AM 6.86 :1 NYSE -11.77 :1 NASD 1652.50 1,696,12 11:10:12 AM -6.38 :1 NYSE | -10.62 :1 NASD 1653.75 | 1,884,43 12:00:35 PM -7.86 :1 NYSE -12.61 :1 NASD 1649.75 2,229,95 01:00:27 PM 8.4:1 NYSE -12.61:1 NASD 1649.50 2,324,92 01:15:17 PM PAPER SELLS PC ES Opening 16670.00 **DELTA** 15 MIN Range = Hi 1665.25 15004.75 Lo VAL High -1678.00 POC -1676.50 VAL Low -1672.00 6.00 NOTE: Numbers are in thousands. Repeat for missed nums. Also \* in column for times I missed volume. ES Volume Change OPEN 227 10 481 254 850 369 11 12 1224 374 255 1 1479 2 1696 217 3 1884 188 345 Cash CLOSE 2229

What I	[ did	well	today:	- Recognized FEA	١R
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PIT CLOSE

	ES 12-13	
Ask	1649.50	406
Bid	1649.50	435
Volume	2324924	

Elephant Stomps/TINYS

- o

	ES 12-13		
Ask	1649.50	406	
Bid	1649.50	435	
Volume	2324924		
1:00:57 PM			
1:59:21 AM			
	1655.00		
	1654.75 1654.25		
	1655.75		
9:16:50 AM	1656.50	559	
3:53:01 AM	1657.00	603	
:39:52 AM	1657.75	500	
:39:43 AM	1657.50		
3:05:50 AM		723	
57:37 AM		653	
51 57 AM	1663.25	5,5,0	
:50:39 AM	1663.25	793	
04.55 AM	1668.75	668	
	1668.00		
	1669.00	636	
:58:45 AM	16/0.25	520	
MA CA-OA-	1669.00	755	
1,43.42 AM	1003.00	755	

1668.50

881

SP_Pit Opening Range =	1670.00	DELTA
Sp Pit	1669.00	1.00
SP_Pit Day High -	1671.00	
Day Low -	1648.50	22.50
Closing Range High -	1651.00	
Low -	1649.70	1.30
Settle -	1680.40	
Net Change -	-17.40	

6:33:58 AM

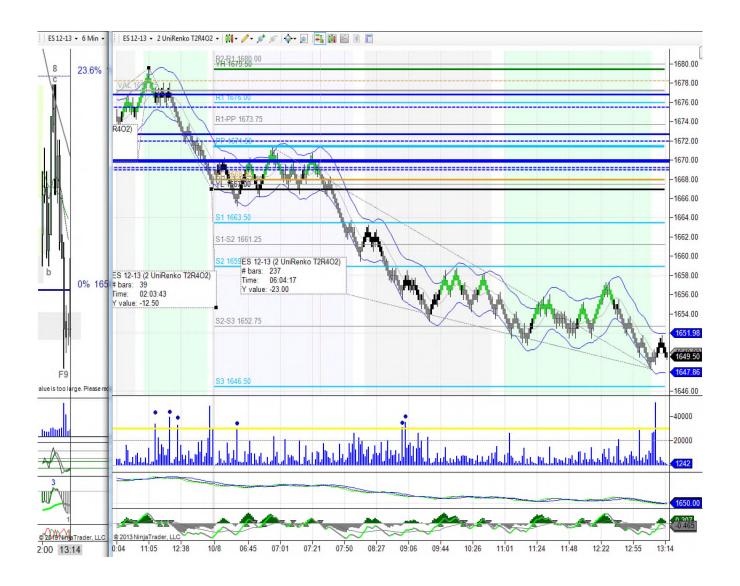
What could I have done better: - Overcome FEAR

2324

What will I do tomorrow to make things better: - Work on overcoming FEAR False Emotions Appearing Real while maintaining proper money management.

95

Tuesday 1 08OCT13.odt 10/08/13



10/08/13 Tuesday 2 08OCT13.odt