

Questions to answer throughout the day:

- What is the market doing?
- What is the market trying to do? LastPrice DailyVolu ATR 2 min
- How well is it getting it done?

06:30:37 AM 1.18 :1 NYSE | 1.29 :1 NASD 1669.75 227,949 0.606

Aggressive Paper buyers on OPEN

06:36 Ben: DEC S&P opening range 1669-1670

6:45 ES OPEN RANGE 1670 – 1665.25

07:01:06 AM 1.38 :1 NYSE | -1.18 :1 NASD 1670.25 481,164 1.19

08:01:12 AM 2.12 :1 NYSE | -5.2 :1 NASD 1661.75 850,277 1.41

09:00:59 AM 5 :1 NYSE | -9.19 :1 NASD 1658.50 1,224,35 1.3

10:01:11 AM 5.01 :1 NYSE | -11.09 :1 NASD 1657.75 1,479,64 1.17

11:10:12 AM 6.86 :1 NYSE | -11.77 :1 NASD 1652.50 1,696,12 1.25

12:00:35 PM 6.38 :1 NYSE | -10.62 :1 NASD 1653.75 1,884,43 1.43

01:00:27 PM 7.86 :1 NYSE | -12.61 :1 NASD 1649.75 2,229,95 1.51

01:15:17 PM 8.4 :1 NYSE | -12.61 :1 NASD 1649.50 2,324,92 1.45

PAPER SELLS PC

ES Opening	16670.00	DELTA
15 MIN Range = Hi		
Lo	1665.25	15004.75
VAL High -	1678.00	
POC -	1676.50	
VAL Low -	1672.00	6.00
NOTE: Numbers are in thousands. Repeat for missed num.s. Also * in column for times I missed volume.		
ES	Volume	Change
OPEN	227	
10	481	254
11	850	369
12	1224	374
1	1479	255
2	1696	217
3	1884	188
Cash CLOSE	2229	345
PIT CLOSE	2324	95

What I did well today: - Recognized FEAR

What could I have done better: - Overcome FEAR

What will I do tomorrow to make things better: - Work on overcoming FEAR False Emotions Appearing Real while maintaining proper money management.

Elephant Stomps/TINYS

ES 12-13		
Ask	1649.50	406
Bid	1649.50	435
Volume	2324924	
1:00:57 PM	1649.75	517
11:59:21 AM	1653.00	845
11:32:47 AM	1655.00	575
11:28:43 AM	1654.75	547
9:31:21 AM	1654.25	660
9:21:53 AM	1655.75	596
9:16:50 AM	1656.50	559
8:53:01 AM	1657.00	603
8:39:52 AM	1657.75	500
8:39:43 AM	1657.50	627
8:05:50 AM	1660.75	723
8:04:43 AM	1659.75	653
7:57:37 AM	1661.75	530
7:51:57 AM	1663.25	558
7:50:39 AM	1663.25	793
7:04:56 AM	1668.75	669
7:04:11 AM	1668.00	510
7:02:05 AM	1669.00	636
6:58:45 AM	1670.25	520
6:58:42 AM	1670.00	500
6:49:42 AM	1669.00	755
6:33:58 AM	1668.50	881

SP_Pit	1670.00	DELTA
Opening Range =		
Sp Pit	1669.00	1.00
SP_Pit	1671.00	
Day High -		
Day Low -	1648.50	22.50
Closing Range		
High -	1651.00	
Low -	1649.70	1.30
Settle -	1680.40	
Net Change -	-17.40	

06:28:45 AM

