PM

Questions to answer throughout the day:

- What is the market doing?
- What is the market trying to do?

• How well is it getting it done?

1711.50 588,797 1.4 7: am 1714.00 931,590 1.28 4.39 :1 NYSE 4.85 :1 NASD 8am 1.02 1714.50 1.149.89 9am 4.45 :1 NYSE | 4.21 :1 NASD 5.11 :1 NYSE 4.02 :1 NASD 1712.75 1,322,53 0.982 10am 1713.50 1,411,54 0.76 11am 4.88 :1 NYSE 4.02 :1 NASD 1711.00 1,499,70 0.763 12:00:15 PM 1715.50 1,702,81 0.878 01:26:37 PM Paper sells CC 1712.50 1,788,75 0.906 01:28:15 PM Paper sells PC 13:23 Ben: http://tradersaudio.com/tutorials.html

1705.25

DELTA

http://tradersaudio.com/faq.html

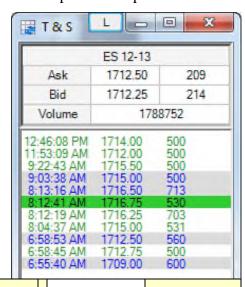
http://tradersaudio.com/glossary.html

http://tradersaudio.blogspot.com/

ES Opening

15 MIN Range = Hi		1/05.25	DELIA
Lo		1701.25	4.00
NOTE: Numbers are in thousands. Repeat for missed nums. Also * in column for times I missed volume.			
ES		Volume	Change
OPEN	*	297	
10		588	291
11		931	343
12		1149	218
1		1322	173
2		1411	89
3		1499	88
Cash CLOSE		1702	203
PIT CLOSE		1788	86

Elephant Stomps/TINYS



SP_Pit Opening Range =	0.00	DELTA
Sp Pit	0.00	0.00
SP_Pit Day High -	1716.70	
Day Low -	1701.20	15.50
Closing Range High -	1713.50	
Low -	1713.00	0.50
Settle -	1713.20	
Net Change -	21.20	

What I did well today: - Been having ton of issues and decided just to sleep in as I was not ready.

- Still working on dealing with all of this crap.
- I attended after market webinar
- I did not close totally on the webinar, but didn't swallow the load of crap either.
- Checked out what others have in past said about the performance of company.
- Will have to check and follow more things.
- NETPICKS ---> Did not see good reviews of Netpicks
- 1. http://www.premiertraderuniversity.com/system

- 2. http://www.premiertraderuniversity.com/jumper
- 3. http://www.netpicks.com/trendjumper
- 4. Presenter: tjnoon@netpicks.com

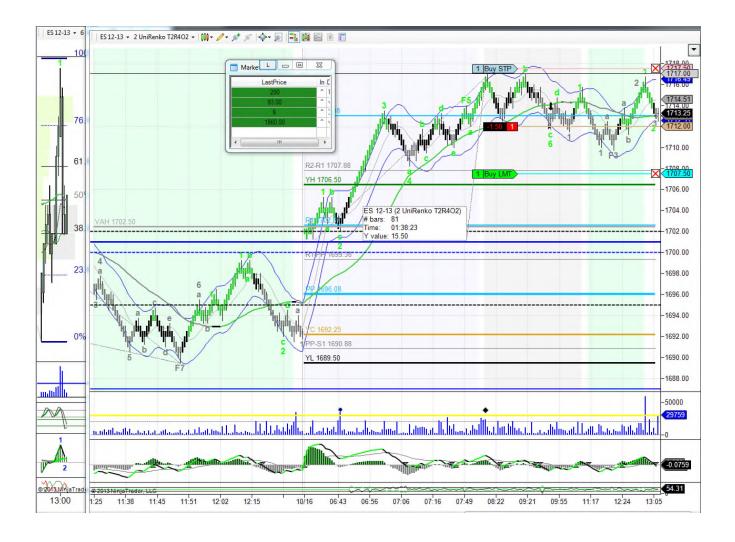
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What could I have done better:

- I don't know, but I do know that I am getting closer.
- I stuck with my trade good and bad.
- In GLOBEX Still SIM Trading.

What will I do tomorrow to make things better:

 Sleep tonight and get up with smile on my face. Will read Stress book tonight. Also do shopping.



10/16/13 Wednesday 2 16OCT13.odt

Chart Courtesy of: Ben Lichtenstein WWW.TradersAudio.COM

Screenshow MarketCast Think or Swim by TDAmeritrade



PM