

Questions to answer throughout the day:

- What is the market doing?
- What is the market trying to do?
- How well is it getting it done?

06:30:23 AM **2.47 :1 NYSE** **2.37 :1 NASD** 1761.75 146,697 0.611

Paper both sides on Open.// Locals buy

06:34 Ben: DEC S&P opening range 1761.20-1761.80

06:45 AM ES opening 15MIN 1760.5 – 1764.0

07:00:36 AM **1.42 :1 NYSE** **1.04 :1 NASD** 1760.75 308,837 0.946

Market caught me with a flinch trade. The kind where you just don't want to be left behind, but only find that you jumped on to the truck at just the exact wrong time.

08:00:45 AM **1.43 :1 NYSE** **-1.23 :1 NASD** 1760.00 495,864 1.04

09:00:35 AM **1.32 :1 NYSE** **-1.04 :1 NASD** 1762.25 617,916 0.78

10:00:30 AM **1.48 :1 NYSE** **1.16 :1 NASD** 1764.75 750,490 0.728

11:00:42 AM **1.35 :1 NYSE** **1.3 :1 NASD** 1764.50 830,881 0.606

12:01:10 PM **1.43 :1 NYSE** **1.17 :1 NASD** 1765.00 919,185 0.557

01:00:40 PM **1.83 :1 NYSE** **1.57 :1 NASD** 1767.00 1,118,88 0.823

01:15:20 PM **1.83 :1 NYSE** **1.57 :1 NASD** 1767.50 1,174,32 0.832

Paper buyers both CC and PC...

Locals started selling to paper after CC.

ES Opening	1764.00	DELTA
15 MIN Range = Hi		
Lo	1760.50	3.50

NOTE: Numbers are in thousands. Repeat for missed nums. Also * in column for times I missed volume.

ES	Volume	Change
OPEN	146	
10	308	162
11	495	187
12	617	122
1	750	133
2	830	80
3	919	89
Cash CLOSE	1118	199
PIT CLOSE	1174	56

Elephant Stomps/TINYS

ES 12-13		
Ask	1767.25	390
Bid	1767.00	1216
Volume	1141864	
12:59:39 PM	1766.50	524
12:09:27 PM	1764.75	500
8:32:59 AM	1761.75	500
7:59:03 AM	1760.00	499
6:52:46 AM	1761.00	575

SP_Pit	1761.80	DELTA
Opening Range =		
Sp Pit	1761.20	0.60
SP_Pit	1767.90	
Day High -		
Day Low -	1759.20	8.70
Closing Range	1767.90	
High -		
Low -	1766.80	1.10
Settle -	1767.40	
Net Change -	8.50	

What I did well today: - I stopped trading when I realized I was totally out of synch with market.

What could I have done better: - Cut my losing trades faster.
- Recognize my losing trades earlier.

What will I do tomorrow to make things better:

- Keep at it.
- Work toward holding winners/ getting rid of losers faster.



Here is day end trading results: Real cash result -195.94.... Oh well have long way to go here. :)

Trade-#	Instrument	Account	Strategy	Market pos	Quantity	Entry price	Exit price	Entry time	Exit time	Entry name	Exit name	Profit	Cum. prof	Commission	MAE	MFE	ETD
1	ES 12-13	Cash		Long	1	1761.5	1759.5	10/29/2013 6:57 AM	10/29/2013 7:05 AM			-104.02	-104.02	4.02	112.5	25	129.02
2	ES 12-13	Cash		Short	1	1761	1762.75	10/29/2013 7:26 AM	10/29/2013 7:30 AM		Close	-91.52	-195.54	4.02	87.5	0	0
3	ES 12-13	Sim101	3:2 close	Long	1	1760.75	1763.75	10/29/2013 8:04 AM	10/29/2013 9:21 AM	Entry	Target1	145.98	-49.56	4.02	0	150	4.02
4	ES 12-13	Sim101	3:2 close	Short	1	1763.5	1765.5	10/29/2013 9:22 AM	10/29/2013 9:54 AM	Entry	Stop1	-104.02	-153.58	4.02	100	0	0
5	ES 12-13	Sim101	3:2 close	Short	1	1765.25	1765.75	10/29/2013 9:54 AM	10/29/2013 9:54 AM	Entry	Stop1	-29.02	-182.6	4.02	25	12.5	41.52
6	ES 12-13	Sim101	STOP	Short	1	1764	1766.25	10/29/2013 10:42 AM	10/29/2013 12:57 PM	Entry	Stop1	-116.52	-299.12	4.02	112.5	0	0
7	ES 12-13	Sim101	STOP	Short	1	1764.75	1766.25	10/29/2013 11:03 AM	10/29/2013 12:57 PM	Entry	Stop1	-79.02	-378.14	4.02	75	50	129.02
8	ES 12-13	Sim101	STOP	Short	1	1763.5	1766.25	10/29/2013 12:24 PM	10/29/2013 12:57 PM	Entry	Stop1	-141.52	-519.66	4.02	137.5	25	166.52