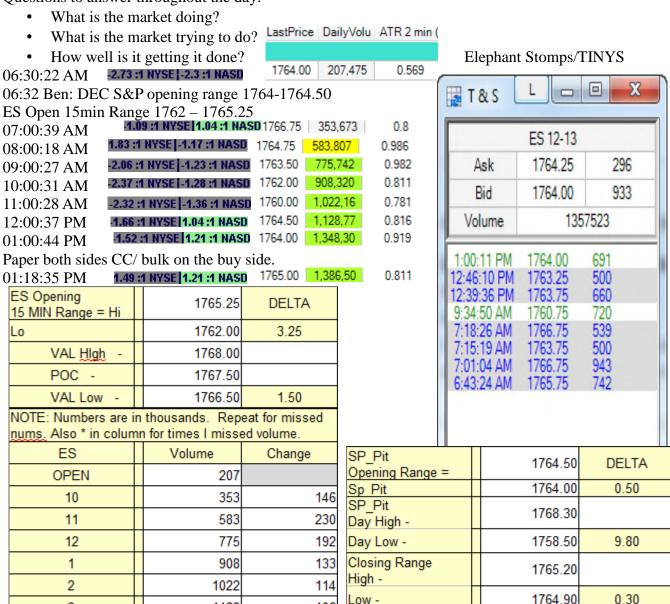
Questions to answer throughout the day:



PIT CLOSE What I did well today:

3

Cash CLOSE

- Got out and traded.
- Attended webinar, with Mike Bellafiore from SMB Capital.

1128

1348

1386

What could I have done better:

- Trust what I know to be true.
- Take measured risks and get out in front of trades when signals happen in the market and it makes sense.

106

220

38

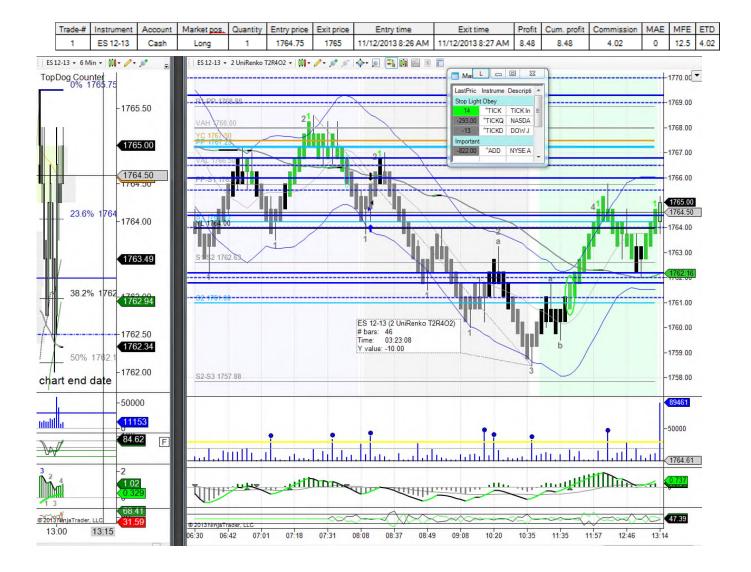
Settle -

Net Change -

1765.10

-2.50

- Stop worrying so much about everything. Relax pull the trigger.
 What will I do tomorrow to make things better:
 - Sleep, eat right, trade right.
 - Continue all my journals.
 - PSYCH PREP Work.



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