Questions to answer throughout the day:

What is the market doing? What is the market trying to do? LastPrice DailyVolu ATR 2 min (How well is it getting it done?

1.21 :1 NYSE | 1.82 :1 NASD 06:30:37 AM

0.551 1790.25 217,698

Paper light buyers. Locals Sell OPEN

06:32 Ben: DEC S&P opening range 1790.50-1789.80

ES 15MIN Open Range 1790.75 -1788.00

1.72:1 NYSE 1.32:1 NASD 1790.00 07:00:24 AM 365,746 0.772 08:00:26 AM 1.66 :1 NYSE 1.75 :1 NASD 545,428 0.801 1.31:1 NYSE 1.12:1 NASD 1788.75 686,978 0.71 09:00:28 AM 1.31 :1 NYSE 1.46 :1 NASD 1788.75 774,830 0.59 10:00:34 AM 1.81 :1 NYSE | 1.8 :1 NASD 1790.50 840,627 0.536 11:00:37 AM 2.06 :1 NYSE 1.71 :1 NASD 1792.00 913,763 0.509 12:00:40 PM 1795.25 1,144,24 0.669 01:00:29 PM 2.45 :1 NYSE 1.88 :1 NASD CC GS comes in steady GOOD BUYER up to 96 Even 0.659 1793.25 1,217,35 2.45 :1 NYSE 1.88 :1 NASD 01:15:28 PM

Paper buys PC/ Bought in the afternoon session.

Today was stressful.

11

12

1

2

3

Cash CLOSE

PIT CLOSE

Didn't trade well, but I traded.

Closed out the day positive, and down a little on the week.

545

686

774

840

913

1144

1217

Next week will be a new week.

	ES Opening 15 MIN Range = Hi		1790.75	DELTA	SP_Pit Opening Range =	1790.50	DELTA
	Lo	Γ	1788.00	2.75	Sp Pit	1789.50	1.00
	VAL High -	I	1788.75	5	SP_Pit Day High -	1796.00	
	POC -	L	1787.75	5	Day Low -	1788.20	7.80
	VAL Low -		1781.75	7.00	Closing Range	1793.50	
Ν	IOTE: Numbers are in	n t	housands. Rep	eat for missed	High -	1793.50	
ŗ	ums. Also * in colum	n	for times I misse	ed volume.	Low -	1793.30	0.20
ES Volume Cha		Change	Settle -	1793.50			
	OPEN	T	217				
10		365	148	Net Change -	5.80		
-		_					

What I did well today: - Traded Cash

Stuck with my trade.

Had 10.000' vision of market, however after trade.

Elephant Stomps/TINYS

ES 12-13

1793.75

1793.50

1793.75 1795.75

1789.50

1789.50

■ T&S

Ask

Bid

Volume

1:13:42 PM

1:00:03 PM

2:59:09 PM

12:57:48 PM

36:20 AM

8:59:28 AM

7:46:05 AM

7:03:06 AM

6:53:31 AM

0

1225674

1000

951

1000

500

501

66

191

BLO

66 What could I have done better:

Not added to losing position.

Not maxing account so as being able to trade an additional contract to work with ATR.

What will I do tomorrow to make things better: - Sunday night full sleep/ prep for trading day.

73

Friday 15NOV13.odt 11/15/13 1

End of Day Results CASH:

		-															
Trade-#	Instrument	Account	Strategy	Market pos.	Quantity	Entry price	Exit price	Entry time	Exit time	Entry name	Exit name	Profit	Cum. profit	Commission	MAE	MFE	ETD
1	ES 12-13	Cash		Long	1	1791.75	1792	11/15/2013 8:28 AM	11/15/2013 11:22 AM			8.48	8.48	4.02	175	162.5	154.02
2	ES 12-13	Cash		Long	1	1791.5	1792	11/15/2013 8:30 AM	11/15/2013 11:22 AM			20.98	29.46	4.02	162.5	175	154.02
3	ES 12-13	Cash		Long	1	1791	1792	11/15/2013 8:36 AM	11/15/2013 11:22 AM			45.98	75.44	4.02	137.5	50	4.02
4	ES 12-13	Cash		Long	1	1790	1793.5	11/15/2013 8:48 AM	11/15/2013 12:45 PM		Entry	170.98	246.42	4.02	87.5	175	4.02
ES12-13 v 6 Min v (W v 🖋 v 🏄 ES12-13 v 2 UniRenko T2R4O2 v (W v 🖋 v 🏂 🔯 v 👰 🚉 (W s like)																	
TopDog Counter 1796 25											-179	7.00					
R2 1796.33																	



End of week almost back to scratch:) -\$38.88 Well time will tell... Work for better next week.

Trade-#	Instrument	Account	Strategy	Market pos.	Quantity	Entry price	Exit price	Entry time	Exit time	Entry name	Exit name	Profit	Cum. profit	Commission	MAE	MFE	ETD
1	ES 12-13	Cash		Long	1	1764.75	1765	11/12/2013 8:26 AM	11/12/2013 8:27 AM			8.48	8.48	4.02	0	12.5	4.02
2	ES 12-13	Cash	32 close	Long	1	1761.25	1761.75	11/13/2013 6:58 AM	11/13/2013 7:01 AM	Entry	Target1	20.98	29.46	4.02	12.5	62.5	41.52
3	ES 12-13	Cash	3 2 close	Long	1	1761.25	1761.5	11/13/2013 7:21 AM	11/13/2013 7:26 AM	Entry	Target1	8.48	37.94	4.02	25	25	16.52
4	ES 12-13	Cash		Short	1	1778.25	1780.25	11/14/2013 7:01 AM	11/14/2013 7:15 AM			-104.02	-66.08	4.02	112.5	37.5	141.52
5	ES 12-13	Cash	3 Tick Q	Long	1	1779.5	1779.75	11/14/2013 7:30 AM	11/14/2013 7:30 AM	Entry	Target1	8.48	-57.6	4.02	12.5	12.5	4.02
6	ES 12-13	Cash	3 Tick Q	Long	1	1781	1781.25	11/14/2013 7:32 AM	11/14/2013 7:32 AM	Entry	Target1	8.48	-49.12	4.02	0	25	16.52
7	ES 12-13	Cash	1 Tick Q	Long	1	1784.25	1784.25	11/14/2013 7:49 AM	11/14/2013 8:04 AM	Entry	Target1	-4.02	-53.14	4.02	62.5	0	0
8	ES 12-13	Cash	1 Tick Q	Long	1	1783.5	1784.25	11/14/2013 7:50 AM	11/14/2013 8:04 AM	Entry	Target1	33.48	-19.66	4.02	25	37.5	4.02
9	ES 12-13	Cash	1 Tick Q	Long	1	1788	1788.25	11/14/2013 8:23 AM	11/14/2013 8:23 AM	Entry	Target1	8.48	-11.18	4.02	12.5	12.5	4.02
10	ES 12-13	Cash	1 Tick Q	Long	1	1788	1788.25	11/14/2013 8:24 AM	11/14/2013 8:24 AM	Entry	Target1	8.48	-2.7	4.02	0	12.5	4.02
- 11	ES 12-13	Cash	1 Tick Q	Long	1	1788.25	1786.75	11/14/2013 8:25 AM	11/14/2013 8:27 AM	Entry	Target1	-79.02	-81.72	4.02	75	12.5	91.52
12	ES 12-13	Cash	1 Tick Q	Long	1	1787.75	1786.75	11/14/2013 8:25 AM	11/14/2013 8:27 AM	Entry	Target1	-54.02	-135.74	4.02	50	12.5	66.52
13	ES 12-13	Cash		Long	1	1787.25	1786.25	11/14/2013 8:28 AM	11/14/2013 8:29 AM		Close	-54.02	-189.76	4.02	50	0	0
14	ES 12-13	Cash		Long	1	1786.25	1784.75	11/14/2013 8:57 AM	11/14/2013 9:05 AM			-79.02	-268.78	4.02	87.5	12.5	91.52
15	ES 12-13	Cash		Long	1	1785	1784.75	11/14/2013 8:59 AM	11/14/2013 9:05 AM			-16.52	-285.3	4.02	37.5	12.5	29.02
16	ES 12-13	Cash		Long	1	1791.75	1792	11/15/2013 8:28 AM	11/15/2013 11:22 AM			8.48	-276.82	4.02	175	162.5	154.02
17	ES 12-13	Cash		Long	1	1791.5	1792	11/15/2013 8:30 AM	11/15/2013 11:22 AM			20.98	-255.84	4.02	162.5	175	154.02
18	ES 12-13	Cash		Long	1	1791	1792	11/15/2013 8:36 AM	11/15/2013 11:22 AM			45.98	-209.86	4.02	137.5	50	4.02
19	ES 12-13	Cash		Long	1	1790	1793.5	11/15/2013 8:48 AM	11/15/2013 12:45 PM		Entry	170.98	-38.88	4.02	87.5	175	4.02

11/15/13 Friday 2 15NOV13.odt