

Questions to answer throughout the day:

- What is the market doing?
- What is the market trying to do?
- How well is it getting it done?

LastPric	DailyVolu	ATR 2
1743.50	378,078	1.43
1732.75	899,373	2.34
1738.75	1,148,14	2.26
1746.50	1,384,30	1.79
1746.75	1,493,21	1.25
1750.00	1,623,24	1.1
1744.75	1,759,18	1.18
1746.00	1,949,40	1.32
1744.25	2,063,25	1.28

06:31:00 AM **-3.39 :1 NYSE** | **-4.12 :1 NASD** 1743.50 378,078 1.43  
Paper good buyer on open/ PIT POP LIGHT Weather related.

07:23:55 AM **4.61 :1 NYSE** | **-8.84 :1 NASD** 1732.75 899,373 2.34

08:00:23 AM **3.08 :1 NYSE** | **-6.54 :1 NASD** 1738.75 1,148,14 2.26

09:00:37 AM **-1.85 :1 NYSE** | **-2.63 :1 NASD** 1746.50 1,384,30 1.79

09:43:36 AM Figure Janet Yellen speech will Spark or Spook...  
Either way I'm SOH due to jerkiness

10:00:20 AM **1.84 :1 NYSE** | **-2.57 :1 NASD** 1746.75 1,493,21 1.25

11:00:20 AM **-1.22 :1 NYSE** | **-1.81 :1 NASD** 1750.00 1,623,24 1.1

12:01:14 PM **-1.51 :1 NYSE** | **-2.42 :1 NASD** 1744.75 1,759,18 1.18

01:00:21 PM **-1.37 :1 NYSE** | **-2.08 :1 NASD** 1746.00 1,949,40 1.32

GS buying into CC/ Locals both sides on CC/ now GS selling too  
Would call it a mixed close

01:15:57 PM **1.39 :1 NYSE** | **-2.09 :1 NASD** 1744.25 2,063,25 1.28

Paper sold the PC.

Elephant Stomps/TINYS

ES 03-14		
Ask	1744.25	113
Bid	1744.25	195
Volume	2063250	
1:13:40 PM	1743.25	546
1:07:45 PM	1744.25	500
1:00:01 PM	1746.25	580
1:00:00 PM	1746.50	559
12:59:58 PM	1746.25	513
12:55:50 PM	1747.25	711
12:55:49 PM	1747.25	598
12:51:28 PM	1748.75	600
12:46:40 PM	1749.25	500
11:32:10 AM	1749.25	506
11:05:46 AM	1748.75	500
11:02:34 AM	1750.50	500
10:45:49 AM	1748.00	600
10:09:04 AM	1749.75	827
9:24:15 AM	1748.00	500
9:22:51 AM	1747.00	500
8:59:35 AM	1747.25	588
7:54:47 AM	1737.50	557
7:54:44 AM	1737.50	600
7:48:25 AM	1737.00	590
7:44:02 AM	1739.00	501
7:42:36 AM	1738.75	576
7:41:28 AM	1739.50	600
7:34:28 AM	1739.25	561
7:34:18 AM	1739.25	500
7:23:21 AM	1733.50	633
7:23:10 AM	1734.25	562
6:54:00 AM	1741.00	500
6:48:36 AM	1741.00	600
6:32:09 AM	1745.00	500

ES Opening 15 MIN Range = HI	47
Lo	1742.50
VAL	
High -	51
POC	46.50
VAL	
Low -	45

SP_Pit Opening Range =	1743.50
	1743

Sp_Pit END OF DAY High-	1750.20
Day Low -	1732.20
CLOSING RANGE:	
High -	44.5
Low -	43.20
Settle -	44
Net Change -	+ .30

What I did well today: I traded. I didn't overtrade. Accurately saw what market was doing most of the time. Didn't risk \$\$\$ as not fully ready yet.

What could I have done better: Taken more trades. Stayed in trades that were working with appropriate risks. I saw the market more of CHOP trading today and didn't totally see the trending nature.

What will I do tomorrow to make things better: Follow volume. Work to get back into cash trades with appropriate risks, act faster both getting in and out of trades at the correct time. Cut losing trades faster.

Trade-#	Instrument	Account	Market pos.	Quantity	Entry price	Exit price	Entry time	Exit time	Profit	Cum. profit	Commission	MAE	MFE	ETD
1	ES 03-14	Sim101	Long	1	1737.75	1738.75	2/5/2014 7:33 AM	2/5/2014 7:39 AM	45.98	45.98	4.02	12.5	162.5	116.52
2	ES 03-14	Sim101	Long	1	1738.75	1739	2/5/2014 7:44 AM	2/5/2014 7:44 AM	8.48	54.46	4.02	12.5	12.5	4.02
3	ES 03-14	Sim101	Long	1	1737.5	1737.75	2/5/2014 7:48 AM	2/5/2014 7:51 AM	8.48	62.94	4.02	62.5	12.5	4.02
4	ES 03-14	Sim101	Long	1	1746.5	1747	2/5/2014 8:52 AM	2/5/2014 8:59 AM	20.98	83.92	4.02	87.5	37.5	16.52
5	ES 03-14	Sim101	Long	1	1746.25	1747	2/5/2014 8:54 AM	2/5/2014 8:59 AM	33.48	117.4	4.02	62.5	37.5	4.02
6	ES 03-14	Sim101	Long	1	1746	1747	2/5/2014 8:54 AM	2/5/2014 8:59 AM	45.98	163.38	4.02	62.5	62.5	16.52
7	ES 03-14	Sim101	Short	1	1748	1747.75	2/5/2014 10:45 AM	2/5/2014 10:46 AM	8.48	171.86	4.02	12.5	12.5	4.02
8	ES 03-14	Sim101	Short	1	1748	1747.75	2/5/2014 10:45 AM	2/5/2014 10:46 AM	8.48	180.34	4.02	12.5	12.5	4.02

