

Questions to answer throughout the day:

- What is the market doing?
- What is the market trying to do?
- How well is it getting it done?

06:30:24 AM **2.17 :1 NYSE | 3.21 :1 NASD** 1846.00 188,738 0.66

Paper buys open LIGHT trade

06:33 Ben: MARCH S&P opening range 1846-1846.50
SP OPEN:

07:00:32 AM

opening range 1846-1846.50
with bulk paper buyer on the open
854am paper more two-sided with
GS selling the 1847 area

LastPrice	Instrument	Description
Stop Light Obey		
291	^TICK	TICK Index
397.00	^TICKQ	NASDAQ Cumulati
1	^TICKDJ	DOW JONES COM
Important		
688.00	^ADD	NYSE Advancing Is
	^ADDQ	NASDAQ COMB N
	^ADDJ	Dow Jones COMP

Elephant Stomps/TINYS

ES 03-14		
Ask	1844.25	67
Bid	1844.00	55
Volume	1460996	
1:04:09 PM	1843.00	853
11:14:43 AM	1842.75	500
10:40:16 AM	1848.00	500
9:35:32 AM	1849.75	616
9:27:08 AM	1847.50	697
9:26:52 AM	1847.50	550
9:26:21 AM	1847.50	759
8:46:27 AM	1847.50	600
8:33:30 AM	1848.50	594
7:48:02 AM	1848.25	552
7:00:01 AM	1841.75	500

07:03:02 AM **1 :1 NYSE | 1.79 :1 NASD** 1841.50 365,132 1.07
Hesitated on New Home Sales. Had reasonable entry 1842 and exit 1845 but I did not put the numbers and order in.

07:32:35 AM **1.52 :1 NYSE | 2.4 :1 NASD** 1849.00 558,828 1.32

08:00:30 AM **1.41 :1 NYSE | 2.11 :1 NASD** 1847.25 655,017 1.27

Another light vol. CHOP day. Slow on Trigger here.

What a tricky day. CHOP CHOP CHOP... All the way.

09:01:48 AM **1.39 :1 NYSE | 2.23 :1 NASD** 1848.00 777,919 1

10:00:23 AM **1.37 :1 NYSE | 2.38 :1 NASD** 1848.75 853,972 0.788

11:04:15 AM **1.48 :1 NYSE | 2.19 :1 NASD** 1846.75 954,405 0.914

12:01:14 PM **1.13 :1 NYSE | 1.39 :1 NASD** 1842.50 1,171,72 1.15

01:00:23 PM **1.3 :1 NYSE | 1.31 :1 NASD** 1843.75 1,379,93 1.31

CC Paper both sides/ BULK SELLING

01:31:04 PM 1841.50 1,455,18 1.22

13:30 Ben: SP500 pit session close levels HOD 1850.50 LOD 1838.50 settlement 1841.90

ES Opening 15 MIN Range = HI	1848
Lo	1847.75
VAL High -	1846.50
POC -	1841.50
VAL Low -	1840.50

SP_Pit Opening Range =	1846.50	SP Pit Open:
	1846	
Sp_Pit END OF DAY High-	1850.50	Cash Close:
Day Low -	1838.50	Paper Mixed/SELL BULK
CLOSING RANGE:		Pit Close:
High -	1842.50	Paper Sells
Low -	1841.75	
Settle -	1841.90	
Net Change -	-4.90	

Trade-#	Instrument	Account	Market pos.	Quantity	Entry price	Exit price	Entry time	Exit time	Profit	Cum. profit	Commission	MAE	MFE	ETD	Bars
1	ES 03-14	Sim101	Long	1	1843.5	1844	2/26/2014 12:59 PM	2/26/2014 12:59 PM	20.98	20.98	4.02	12.5	37.5	16.52	0

What I did well today: * Recognized still emotional so didn't trade other than one small SIM two tick trade.

What could I have done better: * Taken the day off entirely.

What will I do tomorrow to make things better: * Not sure.

