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journal.JULY.2017

FIO JOURNAL CHALLENGE.JULY 2017

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FIO JOURNAL CHALLENGE-July 2017



JULY 4th Holiday Weekend!

No wonder @Big Mike called it “Journal Challenge” and not a “Journal Contest.”

I am facing the same problem as FIO member @Softsoap “One thing that I need to work out soon is the efficiency in my journaling process. At first, I only cared about being effective, but with the way the markets have been moving lately, I don't have the time to do all the notes on my trade screenshots, track them in my spreadsheet, analyze the market, journal them, etc. as I'm sometimes in trades for seconds with this high volatility

I'm not saying it will mean I won't journal, I just need to refine my process to make it more efficient.”

I knew before submitting to the challenge that it would not be easy, and that it would require a lot of work. Little did I know about how difficult and time consuming it was to journal effectively and efficiently just for one instrument; but I am doing the challenge for three instruments... yep, crazy me!

Therefore, I am thinking and working on a better solution which I will reveal at the end of the challenge.

In the meantime, I think of what I would like to be for the next 5-10 years. Be a TopstepTrader? Be a Harmonic Patterns Trader? Be a mentor or an educator to new traders?

Hold those thoughts for now... but one thing for sure, I still want to be a multi-millionaire who trades Harmonic patterns in my next life.

Heck, I should have taken that long nap like Spider-man... in July; but I am glad that I did it!

It's my Personal Commitment despite the obstacles along the way. Surprisingly what I found out about myself at the end—my lost DREAM and PASSION from over 40 years ago; I will reveal it later.

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As I am getting older, I can't work as fast nor do multi-tasking like I was 20 years ago. Regardless of my computer mishap, and as the result for whatever the outcome will be, it's my personal commitment that I shall get through to the last day of this Journal Challenge.

I am glad that I don't win the Journal Challenge.

I am glad that I am not a good candidate as a TopstepTrader.

Just because I am not able to switch from being a swing trader to an intraday trader effectively by their rules, swing trader is still a better choice for now.

...from my last weekly Journal, I wrote:

"What will become of Crude Oil CL and Gold GC? Well, they are neck-to-neck becoming my "mistress"; we shall see who will take the title. Any guess?"

...finally, the decision:

I found my missing piece of the puzzle! Harmonic Patterns in play together before and after **Rollover**.

Because Crude Oil has **MONTHLY** Contracts Rollover, I decided that it should be my "mistress" and only "swing" Gold once or twice on a Full Moon/New Moon cycles.

Have you had a "Yo Chill" moment?

Here is how my moment began...

Twenty years after the early retirement, I find myself in a "technology challenge" position. Not only different type of files should or shouldn't attached, then embed them. I don't even know how to post and where to post. FIO member @Aquarian1 came to my rescue. As if he read my mind and he offered to help when I needed it the most. He sent me a video then step-by-step instruction, but I still hesitated - just didn't want to make a fool of myself by doing it wrong.

He replied: "Don't worry about it. **Be chill** - don't put too much pressure on yourself."

The next day, he sent me this message @9:46pm

"A cute girl at the coffee shop was wearing a ball cap with '**Yo chill**' written on it".

I burst out laughing!

I replied back, "Be Chill! or Yo Chill? Yo Chill made me LOL, so I use that from now on..."

That was my moment... laughing, feeling happy, for just momentary late at night, alone.

Hey, I am pretty sure it's not the same as his moment with that cute girl at the coffee shop, right?

Wonder What Happen to Zen Master's 1M Volume Spikes?

<https://www.dropbox.com/s/eocnh04zuqs3t91/Screenshot%202017-02-04%2010.29.07.png?dl=0>

ES 1M Multi- buDeepCrab, beCypher, buShark, beGartley, buCypher, buAB=CD
1/22/2016 patterns

Well, the 1M chart was driving me "nut" with multi-pattern so I trained my eyes to spot Volume Spikes for 3M instead.

My lost DREAM & PASSION is to be a WRITER in my native language. Listening to Blog Radio's short "love" stories is my secret weapon... helping me to endure many sleepless nights throughout the Journal Challenge.