

EXECUTION OF MY TWO WEEK PLAN

		2/21/2011	2/22/2011	2/23/2011	2/24/2011	2/25/2011
Trade 1	Two Week Averages					
Why did I enter?		TWYS1 (Two reds at red stop	TWYS (three reds			
Entry match the plan?		Yes	Yes			
Happy with the entry?		Yes	No, at the open I usually wait until 8:40			
Why did I exit?		I added to position instead of scaling out, so I bailed with close all now	Stopped out			
Exit match the plan?		No	Yes			
Happy with the exit?		No, not paying attention to my order entry	Yes			
Grade (4.0 scale)		2.0	2.0			
Trade 2						
Why did I enter?			TWYS (three reds)			
Entry match the plan?			Yes			
Happy with the entry?			Yes as planned			
Why did I exit?			Target, but initially I had move target higher. Then moved back to initial T1. Watch for greed			
Exit match the plan?			Yes, after move			
Happy with the exit?			Yes			
Grade (4.0 scale)			2.5			
Trade 3						
Why did I enter?			TWYS (three reds			
Entry match the plan?			Yes			
Happy with the entry?			Yes			
Why did I exit?			T1 hit			
Exit match the plan?			Yes			
Happy with the exit?			Yes			
Grade (4.0 scale)	3.8		4.0			
Number of trades for the day:	2.0	1	3			
Average grade for first three trades	3.1	2.0	2.8	0.0	0.0	0.0
Comments						