

## 2011 Trading Plan for Professional Trader Beth

### Guidelines

- ~ 10 trades/week (begin with 1-contract trades)
- ~ \$4,000 for each additional contract traded
- ~ 5 pips stoploss
- ~ 8-10 pips profit target
- ~ R:R 1:1.6 / 1:2
- ~ Win Rate @60%

### Weekly Performance

- ~ 6 winners and 4 losers
- ~ BE to +2 trades not counted
- ~ Net pips before commission 28 to 40
- ~ Estimated income after commission \$300 - \$450

### Monthly Performance (20 trading mornings)

- ~ 24 winners and 16 losers
- ~ Net pips before commission 112 to 160
- ~ Estimated income after commission \$1,200 - \$1,800

Note: To prepare the following income tabulation/profit graph, I used \$375/week and all-in/all-out (no profit scaling/runner).

|        | Account Balance | Trade Size   |
|--------|-----------------|--------------|
| 14-Mar | 4,000           | 1 contract   |
| 8-Apr  | 5,500           |              |
| 6-May  | 7,000           |              |
| 3-Jun  | 8,500           | 2 contracts  |
| 1-Jul  | 11,500          |              |
| 15-Jul | 12,250          | 3 contracts  |
| 29-Jul | 14,500          |              |
| 12-Aug | 16,750          | 4 contracts  |
| 2-Sep  | 21,250          |              |
| 16-Sep | 25,000          | 6 contracts  |
| 30-Sep | 29,500          |              |
| 7-Oct  | 32,125          | 8 contracts  |
| 21-Oct | 38,125          |              |
| 28-Oct | 41,500          | 10 contracts |
| 11-Nov | 49,000          |              |
| 18-Nov | 53,500          | 13 contracts |
| 25-Nov | 58,375          |              |
| 2-Dec  | 63,625          | 16 contracts |
| 9-Dec  | 69,625          |              |
| 16-Dec | 76,000          | 19 contracts |
| 23-Dec | 83,125          |              |
| 30-Dec | 90,625          | 20 contracts |

